

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanhaeke Heidi

Coaches: Marquillie Martine HEADCOACH

Coaches: Duck Chantal

Coaches: Dewulf Bart

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:1, starttime: 08:30
Heat: 1/16 Lane : 3 Athlete: VERMAUT CELINE					Q-time: 02:50:81
PB (50m pool): 02:50.81 Kortrijk 15/02/2026					PB (25m pool): 02:54.01 SB: 02:50.81 Kortrijk 15/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.84	01:22.91	02:13.17	02:50.81	
	00:36.84	00:46.07	00:50.26	00:37.64	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:8, starttime: 08:53
Heat: 8/16 Lane : 2 Athlete: CHRISTIAENS ANNABEL					Q-time: 02:38:56
PB (50m pool): 02:32.18 Antwerpen 12/02/2023					PB (25m pool): 02:28.20 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:32.18	
	no time				
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:11, starttime: 09:02
Heat: 11/16 Lane : 2 Athlete: FEYS FARAH					Q-time: 02:35:83
PB (50m pool): 02:35.83 Lago Kortrijk Weide 03/05/2026					PB (25m pool): 02:32.87 SB: 02:35.83 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.30	01:14.51	02:00.77	02:35.83	
	00:33.30	00:41.21	00:46.26	00:35.06	
					

Coach feedback:

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Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:5, starttime: 09:34
Heat: 5/7 Lane : 6 Athlete: VERELZEN ROBBE					Q-time: 02:29:43
PB (50m pool): 02:29.33 Antwerpen 28/07/2024			PB (25m pool): 02:23.86 SB: 02:31.84 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:29.33	
	no time				
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:5, starttime: 09:49
Heat: 5/12 Lane : 5 Athlete: CHRISTIAENS ANNABEL					Q-time: 01:02:45
PB (50m pool): 01:00.13 Antwerpen 28/07/2024			PB (25m pool): 01:00.08 SB: 01:02.45 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M			
PB	no time	01:00.13			
	no time				
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:9, starttime: 09:56
Heat: 9/12 Lane : 4 Athlete: CHRISTIAENS JUTTA					Q-time: 00:59:92
PB (50m pool): 00:59.54 Antwerpen 28/07/2024			PB (25m pool): 00:59.20 SB: 01:00.73 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M			
PB	no time	00:59.54			
	no time				
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+					Heat:1, starttime: 10:02
Heat: 1/13 Lane : 5 Athlete: DELRUE REMI					Q-time: 01:11:05
PB (50m pool): 01:08.57 Rotterdam 19/04/2026			PB (25m pool): 01:08.50 SB: 01:08.57 Rotterdam 19/04/2026		
	5 0 M	1 0 0 M			
PB	00:32.47	01:08.57			
	00:32.47	00:36.10			
					

Coach feedback:

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Event number: 37: 100M BACKSTROKE MEN 15+					Heat:7, starttime: 10:15	
Heat: 7/13 Lane : 8 Athlete: DECUPERE CEDRIC					Q-time: 01:04:93	
PB (50m pool): 01:04.93 Antwerpen 27/07/2025					PB (25m pool): 01:03.33SB: 01:05.51 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M				
PB	00:31.13	01:04.93				
	00:31.13	00:33.80				
						

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+							Heat:8, starttime: 10:17		
Heat: 8/13 Lane : 6 Athlete: DECUPERE ALEX							Q-time: 01:04:30		
PB (50m pool): 01:04.30 Antwerpen 08/03/2026				PB (25m pool): 01:01.07SB: 01:04.30 Antwerpen 08/03/2026					
	5 0 M		1 0 0 M						
PB	00:31.13		01:04.30						
	00:31.13		00:33.17						
									

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+							Heat:10, starttime: 10:21		
Heat: 10/13 Lane : 6 Athlete: FEYS JONAH							Q-time: 01:03:04		
PB (50m pool): 01:03.04 Antwerpen 27/07/2025				PB (25m pool): 01:00.10SB: 01:03.16 Antwerpen 17/05/2026					
	5 0 M		1 0 0 M						
PB	00:31.34		01:03.04						
	00:31.34		00:31.70						
									

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:7, starttime: 10:51
Heat: 7/11 Lane : 3 Athlete: SANDRA EVA				Q-time: 02:34:42	
PB (50m pool): 02:33.19 Antwerpen 28/07/2024			PB (25m pool): 02:33.60SB: 02:37.62 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:33.19	
	no time				
					

Coach feedback:

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Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:11, starttime: 11:05
Heat: 11/11 Lane : 7 Athlete: DECOUTERE IMANI					Q-time: 02:28:37
PB (50m pool): 02:28.37 Antwerpen 08/03/2026			PB (25m pool): 02:20.50 SB: 02:28.37 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.21	01:11.85	01:50.35	02:28.37	
	00:34.21	00:37.64	00:38.50	00:38.02	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:2, starttime: 11:12
Heat: 2/19 Lane : 8 Athlete: VANDEMAELE JACOB					Q-time: 02:11:96
PB (50m pool): 02:11.96 Kortrijk 26/12/2025			PB (25m pool): 02:07.44 SB: 02:11.96 Kortrijk 26/12/2025		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.54	01:04.34	01:38.91	02:11.96	
	00:30.54	00:33.80	00:34.57	00:33.05	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:6, starttime: 11:22
Heat: 6/19 Lane : 6 Athlete: DEBRUYNE HANNES					Q-time: 02:08:41
PB (50m pool): 02:08.41 Antwerpen 13/07/2025			PB (25m pool): 02:11.50 SB: 02:09.49 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.99	01:03.09	01:36.77	02:08.41	
	00:29.99	00:33.10	00:33.68	00:31.64	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:12, starttime: 11:38
Heat: 12/19 Lane : 7 Athlete: FEYS JONAH					Q-time: 02:04:59
PB (50m pool): 02:04.59 Antwerpen 27/07/2025			PB (25m pool): 01:58.52 SB: 02:08.14 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.47	01:00.73	01:33.79	02:04.59	
	00:28.47	00:32.26	00:33.06	00:30.80	
					

Coach feedback:

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Event number: 39: 200M FREESTYLE MEN 15+					Heat:13, starttime: 11:41
Heat: 13/19 Lane : 1 Athlete: CHRISTIAENS STIJN					Q-time: 02:04:16
PB (50m pool): 02:03.57 ANTWERPEN 23/04/2023					PB (25m pool): 01:59.41 SB: 02:05.82 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:03.57	
	no time				
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:13, starttime: 11:41
Heat: 13/19 Lane : 6 Athlete: VERELZEN ROBBE					Q-time: 02:03:90
PB (50m pool): 02:02.33 ANTWERPEN 30/07/2023					PB (25m pool): 01:59.33 SB: 02:09.61 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:02.33	
	no time				
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:14, starttime: 11:43
Heat: 14/19 Lane : 4 Athlete: DECUPERE ALEX					Q-time: 02:02:80
PB (50m pool): 02:02.80 Antwerpen 08/03/2026					PB (25m pool): 01:58.48 SB: 02:02.80 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.43	00:59.58	01:31.44	02:02.80	
	00:28.43	00:31.15	00:31.86	00:31.36	
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:7, starttime: 12:06
Heat: 7/12 Lane : 1 Athlete: CHRISTIAENS ANNABEL					Q-time: 00:36:69
PB (50m pool): 00:36.04 Lago Rozebroeken Gent 05/03/2023					PB (25m pool): 00:34.82 SB: no time
	5 0 M				
PB	00:36.04				
	00:36.04				
					

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+				Heat:3, starttime: 12:15	
Heat: 3/24 Lane : 8 Athlete: VANDEMAELE JACOB				Q-time: 00:29:67	
PB (50m pool): 00:29.67 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 00:30.16 SB: 00:29.67 Lago Kortrijk Weide 03/05/2026	
	5 0 M				
PB	00:29.67				
	00:29.67				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:11, starttime: 12:23	
Heat: 11/24 Lane : 7 Athlete: DEBRUYNE HANNES				Q-time: 00:28:07	
PB (50m pool): 00:28.07 Antwerpen 27/07/2025				PB (25m pool): 00:28.05 SB: 00:28.56 Antwerpen 08/03/2026	
	5 0 M				
PB	00:28.07				
	00:28.07				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:13, starttime: 12:24	
Heat: 13/24 Lane : 1 Athlete: FEYS JONAH				Q-time: 00:27:93	
PB (50m pool): 00:27.93 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 00:27.36 SB: 00:27.93 Lago Kortrijk Weide 03/05/2026	
	5 0 M				
PB	00:27.93				
	00:27.93				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:19, starttime: 12:30	
Heat: 19/24 Lane : 4 Athlete: CHRISTIAENS STIJN				Q-time: 00:26:80	
PB (50m pool): 00:26.80 Brugge 01/02/2026				PB (25m pool): 00:26.23 SB: 00:26.80 Brugge 01/02/2026	
	5 0 M				
PB	00:26.80				
	00:26.80				
					

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+			Heat:19, starttime: 12:30
Heat: 19/24 Lane : 7 Athlete: DECUPERE CEDRIC			Q-time: 00:26:95
PB (50m pool): 00:26.95 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 00:26.66 SB: 00:26.95 Lago Kortrijk Weide 03/05/2026
	5 0 M		
PB	00:26.95		
	00:26.95		
			

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+			Heat:2, starttime: 12:38
Heat: 2/9 Lane : 6 Athlete: FEYS FARAH			Q-time: 01:10:94
PB (50m pool): 01:10.94 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 01:10.88 SB: 01:10.94 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	
PB	00:33.22	01:10.94	
	00:33.22	00:37.72	
			

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+			Heat:3, starttime: 12:40
Heat: 3/9 Lane : 6 Athlete: CHRISTIAENS JUTTA			Q-time: 01:09:50
PB (50m pool): 01:09.50 Antwerpen 27/07/2025			PB (25m pool): 01:09.75 SB: 01:09.62 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:32.09	01:09.50	
	00:32.09	00:37.41	
			

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+			Heat:9, starttime: 12:50
Heat: 9/9 Lane : 1 Athlete: DECOUTERE IMANI			Q-time: 01:05:40
PB (50m pool): 01:05.40 Antwerpen 27/07/2025			PB (25m pool): 01:04.72 SB: 01:05.67 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.60	01:05.40	
	00:30.60	00:34.80	
			

Coach feedback: